UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event Reported): July 14, 2020

Gladstone Capital Corporation

(Exact Name of Registrant as Specified in Charter)

814-00237 (Commission File Number)

54-2040781 (I.R.S. Employer Identification Number)

1521 Westbranch Drive, Suite 100 McLean, Virginia (Address of Principal Executive Offices)

22102 (Zip Code)

(703) 287-5800

(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Maryland

(State or Other Jurisdiction of Incorporation)

Title of each class	Trading symbol	Name of each exchange on which registered
Common Stock, \$0.001 par value per share	GLAD	The Nasdaq Stock Market LLC
6.125% Notes due 2023, \$25.00 par value per note	GLADD	The Nasdaq Stock Market LLC
5.375% Notes due 2024, \$25.00 par value per note	GLADL	The Nasdaq Stock Market LLC

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR §230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §240.12b-2). Emerging growth company []

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. []

Item 7.01. Regulation FD Disclosure.

On July 14, 2020, Gladstone Capital Corporation issued a press release, filed herewith as Exhibit 99.1, announcing that its board of directors declared monthly cash distributions for the its common stock for each of July, August and September 2020.

The information disclosed under this Item 7.01, including Exhibit 99.1 hereto, is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities and Exchange Act of 1934, and shall not be deemed incorporated by reference into any filing made under the Securities Act of 1933, except as expressly set forth by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

<u>Exhibit No.</u>	Description
<u>99.1</u>	Press Release issued by Gladstone Capital Corporation on July 14,
	<u>2020.</u>

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Gladstone Capital Corporation

Date: July 14, 2020

By: <u>/s/ Nicole Schaltenbrand</u> Nicole Schaltenbrand Chief Financial Officer and Treasurer

Gladstone Capital Announces Monthly Cash Distributions for July, August and September 2020 and Conference Call Date

MCLEAN, Va., July 14, 2020 (GLOBE NEWSWIRE) -- Gladstone Capital Corporation (Nasdaq: GLAD) (the "Company") announced today that its board of directors declared the following monthly cash distributions for July, August and September 2020 and also announced its plan to report earnings for its third fiscal quarter ended June 30, 2020.

Cash Distributions:

Common Stock: \$0.065 per share of common stock for each of July, August and September 2020, payable per the table below.

Record Date	Payment Date	Cash Distribution
July 24	July 31	\$0.065
August 24	August 31	\$0.065
September 23	September 30	\$0.065
	Total for the Quarter:	\$0.195

The Company offers a dividend reinvestment plan (the "DRIP") to its common stockholders. For more information regarding the DRIP, please visit www.gladstonecapital.com.

Earnings Announcement:

The Company also announced today that it plans to report earnings for the third fiscal quarter ended June 30, 2020, after the stock market closes on Wednesday, July 29, 2020. The Company will hold a conference call Thursday, July 30, 2020 at 8:30 a.m. EDT to discuss its earnings results. Please call (833) 519-1258 and enter conference number 6854369 to enter the conference call. An operator will monitor the call and set a queue for questions.

A conference call replay will be available after the call and will be accessible through August 6, 2020. To hear the replay, please dial (855) 859-2056 and use playback conference number 6854369.

The live audio broadcast of the Company's conference call will be available online at www.gladstonecapital.com. The event will be archived and available for replay on the Company's website through September 30, 2020.

If you have questions prior to or following the earnings release you may e-mail them to capital@gladstonecompanies.com.

Gladstone Capital Corporation is a publicly traded business development company that invests in debt and equity securities consisting primarily of secured first and second lien term loans to lower middle market businesses in the United States. Information on the business activities of all the Gladstone funds can be found at www.gladstonecompanies.com.

For Investor Relations inquiries related to any of the monthly dividend paying Gladstone funds, please visit www.gladstone.com.

Source: Gladstone Capital Corporation

For further information: Gladstone Capital Corporation, 703-287-5893