UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event Reported): January 14, 2020

Gladstone Capital Corporation

(Exa	ict Name of Registrant as Specified in Charter)	
Maryland (State or Other Jurisdiction of Incorporation)	814-00237 (Commission File Number)	54-2040781 (I.R.S. Employer Identification Number)
(state of Other sursulction of incorporation)	(Commission File Number)	(i.k.s. Employer ruentmeation Number)
1521 Westbranch Drive, Suite 100		
McLean, Virginia		22102
(Address of Principal Executive Offices)		(Zip Code)
	(703) 287-5800	
(Regi	strant's telephone number, including area code)	
(Former r	name or former address, if changed since last rep	port)
Check the appropriate box below if the Form 8-K filing is intended	to simultaneously satisfy the filing obligation o	f the registrant under any of the following provisions:
Written communications pursuant to Rule 425 under the	ne Securities Act (17 CFR 230.425)	
Soliciting material pursuant to Rule 14a-12 under the I	Exchange Act (17 CFR 240.14a-12)	
[] Pre-commencement communications pursuant to Rule	14d-2(b) under the Exchange Act (17 CFR 240	.14d-2(b))
[] Pre-commencement communications pursuant to Rule	13e-4(c) under the Exchange Act (17 CFR 240.	13e-4(c))
securities registered pursuant to Section 12(b) of the Act:		
Title of each class	Trading symbol	Name of each exchange on which registered
Common Stock, \$0.001 par value per share	GLAD	Nasdaq Global Select Market
6 125% Notes due 2023 \$25 00 par value per note	GLADD	Nasdag Clobal Select Market

i rading symbol	Name of each exchange on which registered
GLAD	Nasdaq Global Select Market
GLADD	Nasdaq Global Select Market
GLADL	Nasdaq Global Select Market
	GLAD GLADD

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR §230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §240.12b-2). Emerging growth company []

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. []

Item 7.01. Regulation FD Disclosure.

On January 14, 2020, Gladstone Capital Corporation (the "Company") issued a press release, filed herewith as Exhibit 99.1, announcing that the Company's board of directors (the "Board") declared monthly cash distributions for the Company's common stock for each of January, February, and March 2020.

The information disclosed under this Item 7.01, including Exhibit 99.1 hereto, is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities and Exchange Act of 1934, and shall not be deemed incorporated by reference into any filing made under the Securities Act of 1933, except as expressly set forth by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No. Description

99.1 Press Release issued by Gladstone Capital Corporation on January 14,

<u>2020.</u>

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Gladstone Capital Corporation

By: <u>/s/ Nicole Schaltenbrand</u> Nicole Schaltenbrand Date: January 14, 2020

Chief Financial Officer & Treasurer

Gladstone Capital Announces Monthly Cash Distributions for January, February, and March 2020 and Conference Call Dates

MCLEAN, Va., Jan. 14, 2020 (GLOBE NEWSWIRE) -- <u>Gladstone Capital Corporation</u> (Nasdaq: GLAD) (the "Company") announced today that its board of directors declared the following monthly cash distributions for January, February, and March 2020 and also announced its plan to report earnings for the first fiscal quarter ended December 31, 2019.

Cash Distributions:

Common Stock: \$0.07 per share of common stock for each of January, February, and March 2020, payable per the table below. The Company has paid 203 consecutive monthly cash distributions on its common stock.

Record Date	Payment Date	Cash Distribution
January 24	January 31	\$0.07
February 19	February 28	\$0.07
March 20	March 31	\$0.07
Total for the Quarter:		\$0.21

The Company offers a dividend reinvestment plan (the "DRIP") to its common stockholders. For more information regarding the DRIP, please visit www.gladstonecapital.com.

Earnings Announcement:

The Company also announced today that it plans to report earnings for the first fiscal quarter ended December 31, 2019, after the stock market closes on Wednesday, February 5, 2020. The Company will hold a conference call Thursday, February 6, 2020 at 8:30 a.m. EST to discuss its earnings results. Please call (855) 465-0177 to enter the conference call. An operator will monitor the call and set a queue for questions.

A conference call replay will be available after the call and will be accessible through February 13, 2020. To hear the replay, please dial (855) 859-2056 and use playback conference number 3294474.

The live audio broadcast of the Company's conference call will be available online at www.gladstonecapital.com. The event will be archived and available for replay on the Company's website through April 6, 2020.

If you have questions prior to or following the earnings release you may e-mail them to capital@gladstonecompanies.com.

<u>Gladstone Capital Corporation</u> is a publicly traded business development company that invests in debt and equity securities consisting primarily of secured first and second lien term loans to lower middle market businesses in the United States. Information on the business activities of all the Gladstone funds can be found at www.gladstonecompanies.com.

For Investor Relations inquiries related to any of the monthly dividend paying Gladstone funds, please visit www.gladstone.com.

Source: Gladstone Capital Corporation