UNITED STATES SECURITIES AND EXCHANGE COMMISSION

	Washington, D.C. 20549	
	FORM 8-K	
	CURRENT REPORT	
Pursuant to Se	ction 13 or 15(d) of the Securities Exchang	ge Act of 1934
Date o	f Report (Date of earliest event Reported): January 8, 2	2019
	Gladstone Capital Corporation (Exact Name of Registrant as Specified in Charter)	
Maryland (State or Other Jurisdiction of Incorporation)	814-00237 (Commission File Number)	54-2040781 (I.R.S. Employer Identification Number)
1521 Westbranch Drive, Suite 10 McLean, Virginia (Address of Principal Executive Office		22102 (Zip Code)
	(703) 287-5800 (Registrant's telephone number, including area code)	
(For	rmer name or former address, if changed since last repo	ort)
Check the appropriate box below if the Form 8-K filing is into	ended to simultaneously satisfy the filing obligation of	the registrant under any of the following provisions:
1		` '/'

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR §230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §240.12b-2). Emerging growth company []

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. []

Item 7.01. Regulation FD Disclosure.

On January 8, 2019, Gladstone Capital Corporation (the "Company") issued a press release, filed herewith as Exhibit 99.1, announcing that the Company's board of directors (the "Board") declared monthly cash distributions for the Company's common stock and 6.00% Series 2024 Term Preferred Stock for each of January, February and March 2019

The information disclosed under this Item 7.01, including Exhibit 99.1 hereto, is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities and Exchange Act of 1934, and shall not be deemed incorporated by reference into any filing made under the Securities Act of 1933, except as expressly set forth by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No. Description

Press Release issued by Gladstone Capital Corporation on January 8,

<u>99.1</u> <u>2019.</u>

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Gladstone Capital Corporation

Date: January 8, 2019

By: <u>/s/ Nicole Schaltenbrand</u>
Nicole Schaltenbrand
Chief Financial Officer & Treasurer

EXHIBIT INDEX

Exhibit No. Description

Press Release issued by Gladstone Capital Corporation on January 8, 2019.

99.1 2019.

Gladstone Capital Announces Monthly Cash Distributions for January, February and March 2019 and Conference Call Dates

MCLEAN, Va., Jan. 08, 2019 (GLOBE NEWSWIRE) -- Gladstone Capital Corporation (NASDAQ: GLAD) (the "Company") announced today that its board of directors declared the following monthly cash distributions for January, February and March 2019 and also announced its plan to report earnings for the first fiscal quarter ended December 31, 2018.

Cash Distributions:

Common Stock: \$0.07 per share of common stock for each of January, February and March 2019, payable per the table below. The Company has paid 183 consecutive monthly cash distributions on its common stock.

Record Date	Payment Date	Cash Distribution
January 18	January 31	\$0.07
February 20	February 28	\$0.07
March 20	March 29	\$0.07
Total for the Quarter:		\$0.21

Term Preferred Stock: \$0.125 per share of the Company's 6.00% Series 2024 Term Preferred Stock ("Term Preferred Stock") for each of January, February and March 2019, payable per the table below. The Term Preferred Stock trades on the NASDAQ under the symbol "GLADN."

Record Date	Payment Date	Cash Distribution
January 18	January 31	\$0.125
February 20	February 28	\$0.125
March 20	March 29	\$0.125
Total for the Quarter:		\$0.375

The Company offers a dividend reinvestment plan (the "DRIP") to its common stockholders. For more information regarding the DRIP, please visit www.gladstonecapital.com.

Earnings Announcement:

The Company also announced today that it plans to report earnings for the first fiscal quarter ended December 31, 2018, after the stock market closes on Wednesday, February 6, 2019. The Company will hold a conference call Thursday, February 7, 2019 at 8:30 a.m. EST to discuss its earnings results. Please call (855) 465-0177 to enter the conference call. An operator will monitor the call and set a queue for questions.

A conference call replay will be available after the call and will be accessible through February 14, 2019. To hear the replay, please dial (855) 859-2056 and use playback conference number 3098326.

The live audio broadcast of the Company's conference call will be available online at www.gladstonecapital.com. The event will be archived and available for replay on the Company's website through April 7, 2019.

If you have questions prior to or following the earnings release you may e-mail them to capital@gladstonecompanies.com.

Gladstone Capital Corporation is a publicly traded business development company that invests in debt and equity securities consisting primarily of secured first and second lien term loans to lower middle market businesses in the United States. Information on the business activities of all the Gladstone funds can be found at www.gladstonecompanies.com.

For Investor Relations inquiries related to any of the monthly dividend paying Gladstone funds, please visit www.gladstone.com.

Source: Gladstone Capital Corporation

For further information: Gladstone Capital Corporation, 703-287-5893